

February 13, 2018

Swift Creek Current

Swift Creek Elementary School, 5601 Tryon Road, Raleigh, NC 27606

<http://swiftcreekes.wcpss.net>

919-233-4320



Cultural Arts Performance on Thursday!

African American Dance Ensemble will perform their program titled Come Dance With Us! During this performance, students will learn about traditional dance and music of African and African American cultures. Performers will demonstrate and share history of dances and movements, as well as context about certain instruments and how they were made before modern technology.

This program is supported by the Swift Creek PTA as well as, in part, by a grant from the United Arts Council of Raleigh and Wake County. Additional support is provided by the North Carolina Arts Council, a division of the Department of Cultural Resources.

National Love the Bus Week!

Take some time this week to thank your child's bus driver and all he or she does to transport our kids safely!



Drama Club announcement:

Our fifth grade performance will be March 13, 2018, after the PTA meeting at about 6:40. Our fourth grade performance is April 10, 2018 after the PTA meeting at about 6:40. The cost is free and all are welcome and invited to attend.

Drama Club would also like to borrow the toy horse head on a stick that young children often ride. If you have one we can borrow through April 10, or even just on performance days, please let Mrs. Fallon know through email at kfallon@wcpss.net or a quick note.

What a Week!

- **Tonight** 6:30pm PTA meeting followed by Second Grade Sound Concert in the gym
- **Thursday:**
 - For all students: Cultural Arts Performance by African American Dance Ensemble
 - 5:00pm Basketball game in the gym
- **Friday:** Ties and Tiaras – Father / Daughter dance from 6-8pm

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P2 (The Positivity Project) Corner

During February and March, students will be learning about these character strengths.

Feb 12-16	 <p>Love You value close relationships with others and being close to people.</p>
Feb 18-24	<p>Make Up week. The Positivity Project knows that life happens, and sometimes plans get disrupted by snow. During this week, your child's teacher might make up any material that was missed during the recent snow days or expand upon a previously discussed strength in class.</p>
Feb 28 – Mar 10	 <p>Social Intelligence You are aware of other people's thoughts and feelings. You understand why they do things.</p>
Mar 11- 17	 <p>Zest/Enthusiasm You approach life with excitement and energy. You energize people around you.</p>

Music Moment from Ms. Sutton

Elemental music is never just music....."

At Swift Creek, we use a variety of methods to engage and create music. Our predominant choice is known as the "Orff Schulwerk approach". The "Orff" approach allows everyone to be actively engaged in the music making process through singing, movement, playing instruments, or creating. When we are actively engaged in music making and learning, we build a foundation of discovery, creativity, problem solving and more. We also learn that music is a life-long process of growth and change.

Valuable life-long music making and learning happens through authentic and frequent experiences throughout a child's life. I encourage all SCES families to take time to actively participate and create music together. Creating songs in the car, hosting a family concert, adding sound effects when reading books, or communicating without words just sounds are great ways to participate in the music making every day.

"Elemental music is never just music. It's bound up with movement, dance, and speech, and so it is form of music is which one must participate, in which one is involved not as a listener but as a co-performer."

- Carl Orff (founder of Orff Schulwerk)



Jump Rope for Heart!

Let's keep our bodies strong and healthy for LIFE

February is National Heart Month and a great month to be active with your family to keep our hearts healthy! Jump Rope for Heart is our focus in physical education this month where students will be learning about their heart and practicing jump rope skills with obstacle courses, agility ladders, individual jump ropes, long jump ropes, and Chinese ropes! Jumping rope is a lifelong activity that you can do at home with your child! Donate to the American Heart Association today as they are funding research and developing a stop to the nation's number one killer, heart disease!

The "Scare Squad" will be informing students of 5 things we can do to fight heart disease:

- Be active every day - PLAY60
- Drink Water instead of sugary drinks
- Limit sodium
- Say NO to smoking
- Eat healthy - a colorful plate with fruits and vegetables

Yearbooks are Now on Sale!

Spring is coming and the end of the school year will be here before you know it! Yearbooks are on sale now for \$12! To help keep our yearbook costs low, we also need page sponsors!

5th grade parents, remember to submit your student dedications as soon as possible. For the forms, see the PTA website:
<http://swiftcreekeswcpsnetptahtml.weebly.com/>



Read Across America Week!

Read Across America week is Feb 26 – March 2. To help celebrate, Swift Creek is having a special event at Eva Perry library from 4:30-6:30 on Monday, Feb 26. We are encouraging all our Swifties to get their library card. This is the link for the library card application or you can access this link from the website for Wake County Public Libraries!

<https://catalog.wakegov.com/MyAccount/SelfReg>

For more information about Read Across America Week, see the flyer at the end of this newsletter.

Join Us for Swift Creek Night at Goldfish Swim School!



Do your kids love to swim? I know mine too. Goldfish Swim School is hosting Swift Creek for a spirit night on Friday, March 9. Two swim sessions are available (6:30-7:30 and 7:30-8:30). The charge is \$5 per swimmer or \$15 per family.

If you are interested in attending, please contact Marie Dexter at mariecddexter@gmail.com or complete the form on the PTA website: <http://swiftcreekeswcpsnetptahtml.weebly.com/>

Your February Calendar

- **Feb 12-16:**
 - The Positivity Project: Love
 - National Love the Bus Week! Please thank your bus driver for transporting our kids safely every day!
- **Feb 13 6:30pm:** PTA Meeting followed by 2nd grade Sound Concert!
- **Feb 15:** African American Dance Ensemble. Cultural Arts performance for entire school!
- **Feb 16:**
 - Father/daughter dance. College Spirit Day!
 - Box Top Collection Day! This is the last big collection before our school's submission for a Spring check! Please turn in all your Box Tops and Coke bottle tops so we can get a great big check!
- **Feb 19:** Regular School Day to make up for January snow.
- **Feb 26-Mar 2:** Read Across America Week!
- **Feb 26 – Mar 10:** The Positivity Project: Social Intelligence

Your March Calendar

- **Mar 2:** School Spirit Day!
- **Mar 9:** Swift Creek Night at Goldfish Swim School.
- **Mar 13 6:30pm:** PTA meeting followed by 5th grade drama performance, Go West, in the gym.
- **Mar 19-23:** Spring Book Fair
- **Mar 22:** Family Night at the Book Fair / International Night. Are you interested in helping with International Night? The next committee meeting is Friday, Feb 16 at 8:45am in the school conference room. Or contact Marie Dexter at mariecdexter@gmail.com.
- **Mar 26- 30:** The Positivity Project Humor
- **Mar 29:** Regular School Day to make up for January snow.
- **Mar 30:** Holiday.

Your April Calendar

- **Apr 2-6:** Spring Break!
- **Apr 9-13:** The Positivity Project: Integrity
- **Apr 10 6:30pm:** PTA meeting followed by 4th grade Drama performance in the gym
- **Apr 13:** School Spirit Day!
- **Apr 17 5-8pm:** Swift Creek Night at Chick-Fil-A (in Crossroads)

SCES Basketball Schedule

Only 5 games left in the season. Come cheer on Ms. Graves and our 5th grade basketball team!

- 2/15 Home vs. Dillard Drive ES 5:00pm
- 2/21 Away at Barwell Elementary 5:00pm
- 2/28 Home vs DDMS 5:00pm
- 3/7 Away @ Walnut Creek Elementary 5:00
- 3/14 Away @ Creech Road Elementary 5:00pm (possible to change)



We Won a Healthy Schools Grant!

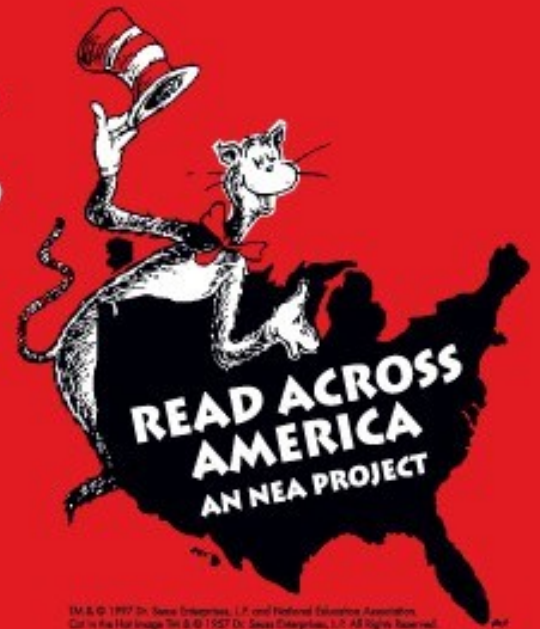
Woo hoo, Swift Creek! Thanks to Nehal Outlaw, our Healthy Lifestyles Chair, we are one of the winners of the Healthy Schools Grant from the NC PTA.

Nehal has been working closely with Ms. [Sarah Graves](#) to get our school more healthy. Nehal has also been passionately pursuing the addition of a school garden. We had a little set back in the planning but Nehal found another organization that we can work with and BIG plans are in the works.

We look forward to seeing what the Healthy Lifestyles committee does with this new grant!

Grab Your Hat and Read with the Cat

www.nea.org/readacross



Read ACROSS AMERICA Week!

February 26-March 2

Monday- Create a flyer advertising your favorite book.

Make sure you tell us why we should read it! Join us at Eva Perry library from 4:30-6:30 for read-alouds and to get a library card!

Tuesday- Camp out and read! Grab your PJ's and a flashlight and enjoy some extra reading time!

Wednesday- Cat in the Hat day! Wear a hat & bring your favorite Dr. Seuss book!

Thursday- Fox in Socks Day! Wear your favorite pair of socks!

Friday- Community readers will read their favorite book in your class! Dress like your favorite book character!