January 15, 2019

# Swift Creek Current

Swift Creek Elementary School, 5601 Tryon Road, Raleigh, NC 27606 http://swiftcreekes.wcpss.net 919-233-4320

## **Kindergarten Registration is Now OPEN!**

Have an incoming kindergartener or know of a friend who does? Kindergarten registration is now open. To register, please bring these items:

- Certified birth certificate
- Parent ID
- Immunizations
- Current Electric or Water Bill
- Newly signed lease or purchase agreement

Want a tour of our school with one of our principals? Call the front office at 919-233-4320.

## 3rd, 4th, and 5th Grade Parents: EOG Test Window!!!!

Please mark your calendar! EOG testing will take place beginning May 29-June 7 for all 3rd - 5th grade students. Testing begins at 9:15 AM each day and it is very important that all students are on time to school on each of these days. Please do not schedule appointments or other events that will cause students to not be at school to start the day. More information about EOG testing will come out later in the spring. Thank you for helping to ensure a smooth testing process for students and staff!



## **REMINDER!!!!**

Friday, Jan 18 is a regular school day to make up for the December snow.

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Jan 7-11 Perseverance



#### What Does Perseverance Mean?

You complete what you start despite obstacles. You never give up.

### Why Does It Matter?

For individuals, persistence can be directly connected to an individual's ability to be successful throughout their life. Those who persevere through setbacks often reap the benefits of the success gained by refusing to give up.

On a group level, perseverance can be contagious. A single group member's ability or willingness to persevere can have a substantial impact on those working with him/her and the team. Groups that show high levels of perseverance are able to achieve goals they may not have believed possible. The results benefit both individuals and the group.

Jan 14-18 Hope



### What Does Hope Mean?

You expect the best from the future and work to achieve it.

## Why Does It Matter?

For individuals, optimism is correlated with success in work and play, mental and physical health, and strong social relationships.

On a group level, optimism is crucial to group success. Optimists are strong leaders. They find meaning in hardship and can create a vision for the future. They look at potential obstacles as opportunities, rather than threats. Without hope and optimism, we would not be able to overcome hardships.

Jan 21-25 Prudence



#### What Does Prudence Mean?

You plan for the future and achieve your goals by making careful everyday choices.

### Why Does It Matter?

Prudence supports effective individual self-management. Whether aspiring for an athletic record, academic grade, or purchasing a car, foresight and planning are necessary. However, long-term goals – even with a plan – can only be obtained by overcoming those impulses and desires that steer you away from your goals.

On a group level, prudence is crucial – especially today, as shortsightedness has crept into many parts of life. Prudent individuals will produce a prudent society. And, as always, we need leaders who can think long-term and create the world we want our descendants to inherit.

# Supporting Others When They Struggle



Feb 4-8 Social Intelligence



## What Does Social Intelligence Mean?

You are aware of other people's thoughts and feelings. You understand why they do things.

## Why Does It Matter?

Social intelligence helps individuals build relationships – and is important to numerous aspects of a person's life. It allows an individual to form friendships and alliances. And, it assists a person against being taken advantage of.

On a group level, social intelligence is what allows us to function as humans. We are social beings and rely on each other's cooperation. By understanding ourselves and other people, we can find ways to collaborate for mutual benefit.

## Swift Creek Night at City Barbeque: Wed, Jan 23

Take the night off from cooking and join your Swift Creek community at the City Barbeque on Kildaire Farm Road in Cary. Make sure you show this bar code when you pay for your meal!



## Resilience: The Biology of Stress and the Science of Hope

As the new documentary Resilience reveals, toxic stress can trigger hormones that wreak havoc on the brains and bodies of children, putting them at greater risk of disease, homelessness, prison time, and early death. While the broader impacts of poverty worsen the risk, all children can be negatively impacted.

Resilience, however, also chronicles the dawn of a movement that is determined to fight back. Trailblazers in pediatrics, education, and social welfare are using cutting edge science and field-tested therapies to protect children from the effects of toxic stress - and the legacy of a childhood no one would choose.

I have heard from many, many people how powerful this documentary is and that everyone should watch it. We have a rare opportunity to show this at our school. Everyone in our community (not just current Swift Creek families) are welcome to view this film. The film runs for 45 minutes and then there will be a brief discussion led by Public Schools First.

This film is for adult viewing only. Childcare WILL be provided! If you plan to attend, please indicate below. Invite your friends and neighbors as well!

Please return this portion to your child's teacher.

Yes, I will attend the showing of Resilience: The Biology of Stress and Science of Hope on Thursday, Jan 31 from 6-8pm.

Phone Number:	_
Names and Ages of Children Who Will Need Child Care:	
Email (for reminder):	
Name:	

Or RSVP online at https://tinyurl.com/scesResilience.

## Help in the Library!

Our Swifties love to read. Help them find the books they love by volunteering to help shelve books in the library! For more information, contact swils@wcpss.net



## **Exciting News in the ART ROOM**

- A brand new \*kiln has been delivered to Swift Creek. It is not hooked up and ready to fire yet, BUT it is in the building. \*kiln--the hot, hot oven that bakes clay
- 2) Thank you to everyone who donated to Mrs. McIntyre's DONOR CHOOSE grant. New table mirrors and markers will be delivered this month for students to begin self-portrait projects.
- 3) Thank you for on-going donations. Many items are still needed!

If you have questions, contact Mrs. McIntyre at jmcintyre2@wcpss.net.

## **Cultural Arts in February**

Swift Creek will welcome back Billy Jonas on Monday, February 11! He will be providing a workshop for each second-grade class as they prepare instruments made from recycled objects!

The second graders will use their magnificent instruments in their sound concert on Tuesday night, February 12! We look forward to enjoying Billy Jonas's musical talents and creativity!

This event is sponsored by your Swift Creek Elementary PTA!



## Items Needed in the Art Room

- sliding close gallon Ziploc bags
- used Legos
- wooden blocks
- art puzzles
- paper towel or toilet tubes
- baby wipes
- men's ties
- styrofoam egg cartons
- paper drink trays
- sharpie markers all sizes all colors
- clean plastic drink bottle tops
- laundry detergent tops
- plastic and paper grocery bags
- old wooden brooms



#### Did You Know?

Every morning at Swift Creek, the students start their day with the ROAR pledge.

Respect
On the Path to Success
Act Responsibility
Remember Self Control



## **Science Fair Winners**

Thank you to all our Science Fair participants. Our entries were of excellent quality this year. Below is the list of winners.

Best of Show winners, Tanner Wohldmann, Sullivan Waters, and Meredith McIntyre, will compete in the Central Regional Science Fair at Hillside High School in Durham on Feb 2. We wish them the best of luck!!!

## Thank You to Our Volunteers!

Thank you, thank you, thank you to Jen and Chris Miller for running the Science Fair for the past several years. The Millers have been strong advocates of getting science in the Creek! Chris was also the brain child behind our now popular STEM night. We will miss them at the Creek next year!

Thank you to this year's judges:

- Emily McQuiston
- Virginia Chapman
- Jennifer Hayes
- And all the members of the Miller family!

#### 3rd Grade Winners: Demonstrations

<u>Place</u>	Student Names	<u>Title</u>
1st, Best in Show	Hailey Williams	Electromagnetic Train
2 <sup>nd</sup>	Bara Klatib	How Rain Starts
3rd	Luke Ellsworth	What's the Matter

### 3<sup>rd</sup> Grade Winners: Experiments

<u>Place</u>	Student Names	<u>Title</u>
1st, Best in Show	Tanner Wohldmann	Gummy Barr Osmosis
1st, Best in Show	Sullivan Waters	Soil, Soil, Everywhere
1 <sup>st</sup>	Valerie Aguille Rylei McClamroch	Roses Changing Colors
2 <sup>nd</sup>	Mason Fernandez	The Slime Attraction

#### 4th Grade Winners: Experiments

<u>Place</u>	Student Names	<u>Title</u>
1st, Best in Show	Meredith McIntyre	Fuzzy Fiber

## 5<sup>th</sup> Grade Winners: Experiments

<u>Place</u>	<u>Student Names</u>	<u>Title</u>	

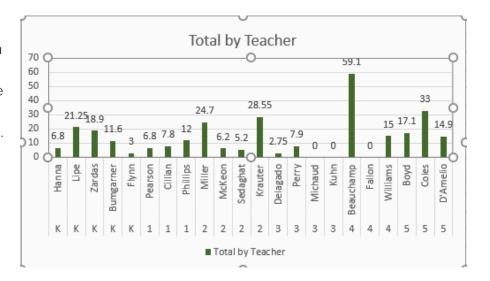
<b>1</b> st	Trenton Wohldmann	Building an Infinity Mirror	

## 5<sup>th</sup> Grade Winners: Demonstrations

<u>Place</u>	Student Names	<u>Title</u>
1st	Eliana Beta	Driven by Distraction
	Samantha Deaton	
	Sophia Dexter	
2 <sup>nd</sup>	Ryan Ashrafi	Mushroom Anatomy
	Colt Jackson	
	Samantha Miller	

## **Box Top Update**

To date, we have raised \$471.45 in Box Tops and Coke Bottle Tops. Check out the graph to see where your child's class stands. The next collection date is Thursday, Jan 31. All Box Tops must be submitted by March 1 for our Spring check. So turn those Box Tops in to your teachers today!



## Sponsor a Page or Place an Ad in the Yearbook!

Sponsoring a page in the yearbook is a fun way to show your support for the Swift Creek Yearbook! For \$10, you can sponsor a page of your choice.

The Yearbook is also an easy, affordable way to advertise your business! We have different sized advertisements available to suit your needs. When you purchase an advertisement in the yearbook, it also helps keep costs down for the children purchasing the yearbook.

For more information, please contact Kristy Pickurel at yearbookpics.sce@gmail.com.

Don't forget to purchase your yearbook at https://tinyurl.com/scesYearbook!

## **SCES Basketball Schedule**

Come cheer on Ms. Graves and our 5<sup>th</sup> grade basketball team!

- Feb 6 HOME vs. Dillard Drive Elementary
- Feb 13 HOME vs Creech Road Elementary
- Feb 27 AWAY at Barwell Elementary
- March 6 AWAY at Creech Road Elementary
- March 13 AWAY at Dillard Drive Elementary



Thanks to David's Auto Service in Durham for sponsoring our team this year! They are providing us with shirts and snacks.

## Coming Soon! -- Read Across America Week

We will be celebrating National Read Across America week February 25-March 1. Similar to last year, the week-long celebration will have activities that will get students excited about reading. The Dr. Seuss inspired celebration will conclude with community readers visiting classrooms to share their favorite children's book with each class. If you know any prominent members of the community or business leaders that would like to come read to a class, please email Sarah Mailhot at smailhot@wcpss.net with contact



# Your January Calendar

	Jan 14-18: P2 Hope
	<b>Thursday, Jan 17 10-11am:</b> Attend this 1-hour info session to learn about Wake County's K-12 magnet, early college programs, year-round schools, and the application process. Location is Crossroads I, 5625 Dillard Drive, Cary, NC 27518
	Friday, Jan 18: Regular School Day! Make up for December snow.
	<b>3</b> . 1
	Monday, Jan 21: Martin Luther King Jr's Birthday. No school.  Jan 22-25: P2 Prudence
	<b>Wednesday, Jan 23:</b> Swift Creek Night at City Barbeque in Cary. When you show your flyer 25% of sales goes to Swift Creek!
	Jan 28-Feb 1: P2 Supporting Others When They Struggle
	Wednesday, Jan 30: Deadline for applying to a magnet or year-round school. More
	information at https://magnet.wcpss.net/apply/
	Jan 31:
	<ul> <li>Box Top Collection day! Turn in your Box Tops and Coke bottle tops to your child's teacher.</li> </ul>
	<ul> <li>Showing of Resilience: The Biology of Stress and Science of Hope (see more information earlier in the newsletter). RSVP at http://tinyrurl.com/scesResilience.</li> </ul>
Yc	our February Calendar
	Friday, Feb 1
_	o 9:30-10:30am: Coffee and Conversation with Mr. Propst.
	o School spirit day!
	<ul> <li>Celebration of Brilliance. Parents will receive an invite for students who are being</li> </ul>
	recognized.
П	Feb 4-8: P2 Social Intelligence
	Feb 6:
	o District 5 Board Advisory Council Meeting at Vernon Malone College and Career
	Academy
	o Home Basketball game vs. Dillard Drive Elementary
П	Feb 11-15: P2 Love
	Feb 12 6:00pm: Second grade sound concert; Math curriculum night
	Feb 13: Home basketball game vs. Creech Road Elementary
	Friday, Feb 15
	o <b>1:15pm:</b> Early Release. School dismisses at 1:15pm.
	o Deadline for RSVPs to Father / Daughter Dance on Feb 22
	Feb 18: Teacher Work Day
	, and the second se
	Tuesday, Feb 19: Regular school day to make up for the December snow
	Feb 22:
	o 6-7:30pm: Father Daughter Dance: I Love You to the Moon and Back!
	o Box Top Collection Day! This is the last big collection before our school's submission for a
	Spring check! Please turn in all your Box Tops and Coke bottle tops so we can get a
	great big check!
	Feb 25-Mar1: P2 Enthusiasm
	Feb 27: Away basketball game against Barwell Elementary