Swift Creek Current

Swift Creek Elementary School, 5601 Tryon Road, Raleigh, NC 27606http://swiftcreekes.wcpss.net919-233-4320

Counseling Around the Creek – News from Mrs. Chadwick

October is Bullying Prevention Month and Disability Awareness Month!

During the first week in October, we will highlight some highly successful people on the morning announcements, who are uniquely capable! Ask your children what they learned about these important role models!

- Michael Phelps: Olympic Swimmer with ADHD
- Heather Whitestone: Miss America 1995 with Deafness
- Tim Tebow: Former NFL Quarterback with Dyslexia
- Aimee Mullins: Para-Olympian in Track and Field with both Legs Amputated
- Stevie Wonder: Famous American Musician with Blindness

During the week of October 17th-21st, we will Take a Stand and Lend a Hand. We will learn about bullying, what we can do about it, and every student will be challenged to complete an act of kindness. Stay tuned for more details, which will come home next week!

For more information from WCPSS about these causes, please visit:

- http://www.wcpss.net/domain/46
- https://webarchive.wcpss.net/blog/2011/09/october-is-disabilityawareness-month/

It is Not Too Late to Join the PTA!

Joining the Swift Creek PTA is quick and easy. Note: Memberships are good for 1 year. You must rejoin the PTA every school year.

For each PTA membership, the school receives a portion of the proceeds. Also, you will receive coupons from Chick-Fil-A, Papa Murphy, Sweet Frogs, as well as other local restaurants, so the membership pays for itself!

If you have questions or you need a membership form, please contact Melinda Gelsinger at gelsingers@bellsouth.net. You can now join online at http://tinyurl.com/sces-pta



Remember to turn in your Fun Run Donations!

The Fun Run is Thursday, October 13!

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It's not too late to become a Swift Creek Business Partner!!!

We would like to extend sincere thanks to the following businesses and families who have donated to the Business Partner program at Swift Creek!

The Pickurel Family	Dynamic Water
Raleigh Wealth Solutions	Lucas Nesgoda's Parents
The Deloach Family	Element Analytical, PLLC
The Johns Family	Donald Douglas Broker/Realtor Coldwell Banker HPW
The Prillaman Family	Internal Medicine & Pediatrics Associates
The Dexter Family	

Your generous, tax deductible donations go directly to purchasing supplies to support student learning throughout our school! We are still 19 partners shy of our 30 sponsor goal!

If you would like to be a business partner, your business or family name will appear on our PTA website, in our PTA bulletin, and in the trophy case inside the main entrance of the school!

Simply fill out the form below and send it with a \$150 check, made payable to Swift Creek Elementary School, in an envelope labeled, "Mrs. Chadwick, Business Partners."

Please Print: Name of Business Sponsor or Family (As you would like it displayed.):

____Check here if you would prefer to keep your donation anonymous, therefore not displaying it in the trophy case, in the PTA newsletter, or online.

Contact Person:
Phone Number:
Address:
E-mail Address:
Child's Full Name:
Child's Teacher:

Drama Club: Practice and Performance Dates

So many Swifties were interested in participating in drama this year that we will be treated to 2 performances: one in April and one in May. Drama Club will begin October 6, 2016 from 4:00 - 5:00. Late pickup will count after 5:15 this year.

Group 1: Schedule

Role	Student	Practice and Performance Dates		
Direte Centeir		4:00-5:00pm. Late pickup after 5:15		
Pirate Captain	Grace R.	Thursday, 10/6/2016 Practice for Groups 1 and 2		
		Fractice for Groups Farld 2		
Blackbeard	Colby R.	Thursday, 11/3/2016		
	5	Practice for Group 1 and 2		
Bluebeard	Austin D.	Thursday, 12/1/2016		
		Practice for Groups 1 and 2		
King of the High "C"s	Tori B.	Thursday, 1/12/2017		
5 5		Practice for Group 1		
Yellowbeard	Thomas G./Reid V.	Thursday, 1/26/2017		
		Practice for Group 1		
Redbeards	Joshua L./Devon	Thursday, 2/16/2017		
		Practice for Group 1		
Brownbeard	Brayden A.	Thursday, 3/2/2017		
		Practice for Group 1		
Pinkbeard	Jessica S.	Thursday, 3/23/2017		
		Practice for Group 1		
Twistedbeard	Ava S.			
Calico Jack	Meredith M.	Full Dress Rehearsal for Program 1		
Bandybeard	Brandon H.	Thursday, 4/6/2017		
Dancingbeard	Claire L.			
Littlebeard	Zoe P.	Community Performance for Program 1		
Five O'Clock Shadow	Malik B.	Tuesday, 4/18/2017		
Native Chief	Alyssa B.			
Island Native 1	Baaba D.			
Island Native 2	Sh'Tonia W.			
Island Native 3	Adriana R.			
Island Native 4	Alexis M.			
Island Native 5	Tatyanna R.			
Island Native 6	Madison B.			
		60 0 60		

Group 2 Schedule

Role	Student	Practice and Performance Dates		
		4:00-5:00pm. Late pickup after 5:15		
Pirate Captain	Carter B.	Thursday, 10/6/2016		
		Practice for Groups 1 and 2		
Blackbeard	Charlotte H.	Thursday, 11/3/2016		
		Practice for Groups 1 and 2		
Bluebeard	Laura C.	Thursday, 12/1/2016		
		Practice for Groups 1 and 2		
King of the High "C"s	Christian P.	Thursday, 1/19/2017		
		Practice for Group 2		
Yellowbeard	Anas G.	Thursday, 2/2/2017		
		Practice for Group 2		
Redbeards	Ella K./Soraya E.	Thursday, 2/23/2017		
		Practice for Group 2		
Brownbeard	Ethan	Thursday, 3/9/2017		
		Practice for Group 2		
Pinkbeard	Georgia S.	Thursday, 3/30/2017		
		Practice for Group 2		
Twistedbeard	Kevin N.			
Calico Jack	Harmoni CW.	Full Dress Rehearsal for Group 2		
Bandybeard	Aiden A.	Thursday, 5/4/2016		
Dancingbeard	Hazel K.			
Littlebeard	Shreya G.	Community Performance for Group 2		
Five O'Clock Shadow	Jacob P.	Tuesday, 5/9/2016		
Native Chief	LaNeyah W.			
Island Native 1	Amy L.			
Island Native 2	Lily L.			
Island Native 3	Jacob O.			
Island Native 4	lker F.			
Island Native 5	Madison S.			
Island Native 6	Sonia R.			

PTA Spotlight: The Arts

As the education budget continues to be cut, one of the first areas to suffer are our art programs. To help foster our children's love of art and music, the PTA sponsors the Reflections program, the Cultural Arts program, the Cougar Chorus, and the Drama Club. Our efforts are possible because of your Fun Run donations!

Reflections Program

PTA Reflections is a nationally recognized program that encourages artistic creativity. Students submit work to be judged at the school, county and state level. Students enter work in art, music composition, dance, film production and literature.

This year's theme is **What is your story?** Applications will be sent home in Tuesday folders at the beginning of October. Students will submit all work to their teachers before the October 28 deadline. If you have any questions, please email Julie Nolan at jmpnolan@gmail.com



Cultural Arts Program

The PTA's Cultural Arts program is designed to expose students to a variety of cultural and artistic performances. These performances could be in dance, music, storytelling, puppetry, and more.

Here are the events scheduled for this year:

- Capital Transit (music assembly for all students)
- Moscow Dance Troupe (for all students)
- Writer-in-residence workshop for 4th graders
- Music workshop for 2nd graders

THIS WEEK!

Writer-in- Residence, Michael Beadle, will be at Swift Creek October 3-7. He will be guiding the fourth grade students through his Rhymes and Rhythms program to excite them about writing like an author!

Michael Beadle is an award-winning author, poet, historian, and teaching artist. His focus is to encourage, inspire, and challenge writers to express themselves and become more confident in their writing.

This cultural arts experience is sponsored by the Swift Creek PTA and in part by a grant from the United Arts Council of Raleigh and Wake County. Additional support is provided by the North Carolina Arts Council, a division of the Department of Cultural Resources.

New This Year! -- Original Works Program

The PTA and Mrs. Schwartz (the art teacher) have teamed up with Original Works to offer a very special program. In the next few weeks, your child will be creating their own special artwork for this project. Then you will have the opportunity to order a variety of useful items, all professionally made and featuring your child's very own artwork! More information will be coming home on Nov 3.

And More Thank Yous!

Did you notice how all the flower beds around the school are now dressed up with mulch? Thank you so much to these families for helping to spread 4 truckloads of mulch around the school grounds on Saturday, Sept 24. An extra special thank you to Craig Eudy, the PTA Landscaping Chair, for making our job so much easier by distributing the mulch with a Bobcat! Now, I want one for my house.

The Chadwick family The Johns Family The Langerhans family The Sheppard Family The Holcombe Family Mrs. Caroline Miller and family Jackie Dean Mrs. Hoover and family The Galloway family The Burns family The Dexter family



Thanks for the Power Snack

Thank you to the volunteers who sent in treats for the early release luncheon on September 30. The teachers appreciated the generosity. The next early release luncheon is scheduled for October 21.

April Bartley	Meredith Jones
Helen Bass	Colleen Oliveria
Karen Baumann	Nehal Outlaw
Beth Callaway	Kristy Pickurel
Ann Douglas	Jaimi Smith
Amy Johns	Elizabeth Worthy
Cristy Johnson	-



Become a Swift Creek Copy Cat

Want an easy way to help our teachers during the day? Sign up to be a Swift Creek Copy Cat. Spend a little time to help make photocopies for our wonderful teachers. You'll help give our teachers back some precious time to focus on other things or maybe just to take a much needed break. You can sign up at http://tinyurl.com/sces-copy-cats

Time for the Book Fair!

Mark your calendars! The Book Fair is coming! The Swift Creek Book Fair will be held October 24th-October 28th. Our family night will be held on Tuesday, October 25th from 5:30pm-7:30pm. Bring your children dressed in their Halloween costumes (please no scary costumes) for a night of fun. Students can test their knowledge and win prizes, while parents shop for books at the fair. Please make plans to join us!

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Healthy Schools = Academic Success

Hello from the Healthy Lifestyles Committee Chair, Nehal Outlaw! I am so excited to be heading this committee. We work with school administration and teachers to educate students in healthy lifestyle choices regarding food, exercise, and decision making. Miss Graves and I have already discussed some great plans which will not only promote physical and emotional health for our Swift Creek students but also our staff and parents!! We are the kids' role models. And- what a great way to bring our Swift Creek Community closer together.

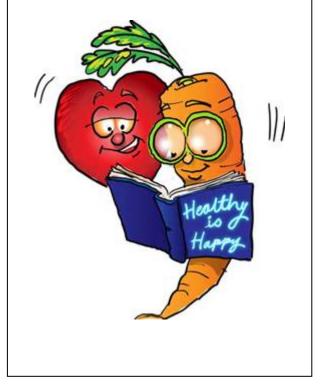
Want to hear some our ideas already in progress?

- smoothie and popcorn parties instead of pizza parties! Still fun and yummy but much healthier.
- daily yoga/ stretching/ movement in the classroom throughout the day.
- gardening for all grade levels.
- walking for part of recess everyday, not just Wednesdays. Including the staff.
- encouraging healthy snacks/ meals for special events.

If you are interested in joining the Healthy Lifestyles Committee send me an mail:nehaloutlaw@gmail.com

Would love for you to join!!

Remember, when schools are healthier, kids do better. They have better focus, fewer disciplinary problems and better overall academic outcomes.



From Our Community: Our Corporate Sponsor, Chick-Fil-A, Is Looking for Help

One of our corporate sponsors, Chick-Fil-A of Crossroads, is looking for help. Chick-Fil-A has been extremely supportive of Swift Creek over the years. If you or someone you know is interested, please contact Chick-Fil-A directly.

PARENTS WANTED—WORK WHEN YOUR KIDS ARE IN SCHOOL—YOU ARE OFF WHEN THEY ARE OUT--CHICK-FIL-A OF CROSSROADS PLAZA CARY-Our business is growing and we are looking to grow our staff, especially for the daytime hours. We know that your children are a high priority and we want to offer you the flexibility to be with them when they are not in school. Therefore, when your kids are out of school, you are off as well! This includes Saturdays, teacher workdays, summers, etc. We are looking for individuals who can commit to at least 3 days/week, four hours per shift. Please email us at 00833@chickfil-a.com or call us 919-233-1691if you are interested. We would love to have you as part of our team!

Your October Calendar

- October 3-7 4th grade: Writer-in-residence Michael Beadle will be working with our 4th graders this week. This event is sponsored by the United Arts Council and the Swift Creek PTA. These workshops are possible because of your Fun Run donations!
- □ October 10-12 3rd grade: COGAT testing.
- October 10-14: Cafeteria Worker appreciation week! Please thank our cafeteria staff for all they do!
- □ October 11 6:30pm: PTA meeting in the media center. Everyone is welcome to attend.
- October 13: The Cougar Fun Run. This year's theme is the Olympics! We are all champions at Swift Creek!

		Red	Orange	Blue	Yellow	Green	
9:25 - 10:10	1 ^{s†}	Cillian	Phillips	Pearson	Zardas		
10:10 - 10:55	5 th	Coles		Sandersen	Krauter		
10:55 - 11:40	4 th	D'Amelio		Fallon	Beauchamp		
11:40 - 12:40	-	BREAK					
12:40 - 1:25	3 rd	Perry	Wright	Shore	Wyrsch		
1:25 - 2:10	к	Harris	Lipe	Robinson	Hanna	McHone	
2:10 - 2:55	2 nd	Miller	Hoover	Steinberg	Sedaghat		

2016 Fun Run Schedule

- □ October 14: Picture Day! Can you help volunteer? Sign up at tinyurl.com/sces-pictures.
- □ October 17 & 20: Rain dates for Fun Run
- □ October 19 4th grade: Field trip to the symphony!
- □ October 21: Early Release. School dismisses at 1:15. Deadline for Fun Run donations.
- October 24 28: Fall Book Fair in the media center
- □ October 25: Family Night at the Book Fair!
- October 28: Box Top collection date! Please turn in your Box Tops and Coke bottle tops. The submission deadline for Box Tops this fall is Nov 1. You can double the amount you earn for Swift Creek by using the Box Tops app. See http://www.boxtops4education.com/bonusapp.
- □ October 31: Teacher Workday! No School.

Your November Calendar

- □ November 3:
 - o 5:15-6:16pm Presentation by Mrs. Chadwick and Mrs. Lewis in media center
 - o 6:30pm PTA meeting in the media center
- □ **November 7**: Capital Transit performance for all students. This event is sponsored by the United Arts Council and the Swift Creek PTA.
- □ November 11: Veteran's Day! No School!
- □ **November 17 5-8pm:** McTeacher's night at the McDonald's off Walnut Street. Help us raise money for our school during this annual event!