

October 9, 2018

Swift Creek Current

Swift Creek Elementary School, 5601 Tryon Road, Raleigh, NC 27606

<http://swiftcreekes.wcpss.net>

919-233-4320

October is National Bullying Prevention Month

News from Mrs. Chadwick, school counselor:

Did you know that there are federal, state, and county laws and policies about bullying? Would you like a refresher on the definition of bullying and how to help if you suspect your child is involved in a bullying situation?

Please check out www.wcpss.net/domain/46 for information from WCPSS about Bullying Prevention. You can also visit www.stopbullying.gov for other valuable resources!

This month at Swift Creek, we will be learning about Bullying Prevention. We will also participate in our second annual National Mix It Up Day on Tuesday, October 23rd. To learn more about Mix It Up Day, visit www.tolerance.org/mix-it-up.

Thank you for all you do each day to teach your children that #OtherPeopleMatter! We are lucky to have such brilliant and compassionate students at our school!

October is Disability History Awareness Month

From Mrs. Hill, school psychologist

October is Disability History Awareness Month! Many SCES teachers will be doing activities with their classes at least once a week to teach their students about disabilities and acceptance!

Do You Want to Help When Students Are in Need???

From time to time, we have students who need items such as sneakers, clothes, socks, etc... and do not have the means to get them. If you would like to be on an e-mail list to help when needs arise, please e-mail Mrs. Chadwick at cchadwick@wcpss.net and her your name & your child(ren's) name(s).

Thank you in advance for your willingness to help! Every year, this group of parents and grandparents has made a difference in our students' lives!



TONIGHT

ELA Curriculum Night

6:00-6:30 – Dinner in cafeteria

6:30 – 6:50 Meeting in gym

7:00-8:00 Grade Level Presentations

TOMORROW

International Walk to School Day

At 8:30am, join us in the Food Lion parking lot as we walk to school. Parents are welcome! Staff and volunteers will be available for students whose parents cannot join them.

In This Issue

P2 Corner

Fun Run Schedule

Music Minute

Physical Education

Join the ReadVolution

School Bond Update

Order Your Yearbook

Oct. Nov, and Dec calendars

And so much more!!!

P2 (The Positivity Project) Corner:

Oct 8-12

Identifying and Appreciating the Good in Others



This week students will continue learning about the Other People Matter mindset. The focus of the discussion will be identifying and appreciating the good in others.

Oct 15-19
Integrity



What Does Integrity Mean?

You are honest and speak the truth. You present yourself genuinely and sincerely.

Why Does It Matter?

On a group level, integrity is a cornerstone of high-functioning and sustainable teams, organizations, and societies. If you're constantly wondering about your coworkers' intentions, you will have a hard time working with them. This is why we look for politicians and leaders with integrity. We need to believe that they'll keep their word – or at the very least, readily admit it when they must break a promise. If they don't, trust and performance fail.

Oct 22-26
Perspective



What Does Perspective Mean?

You appreciate when people see things in different ways. You have the ability to understand the world from multiple points of view.

Why Does It Matter?

Perspective helps an individual make sense of the world. It provides clarity on what matters and what does not. On a group level, perspective helps couples, teams, communities, and societies act wisely and correctly. Individuals with the strength of perspective help their group get through difficult or uncertain circumstances because they're poised and can identify opportunities for success.

Oct 29-Nov 2
Creativity



What Does Creativity Mean?

You come up with new and original ways to think about and do things. Positive psychology breaks creativity into two components: First, he/she must produce original ideas or behaviors. Second, the original idea or behavior must make a positive contribution to that person's life or the lives of others.

Why Does It Matter?

On a group level, creativity is vital. It helps us solve seemingly impossible problems, create something we never knew we wanted, or simply see the world in a new way. Technological examples include the printing press, refrigeration, electricity, automobiles and the internet.

**Nov 5-9
Bravery**



What Does Bravery Mean?

You act with mental, moral, or physical strength even when you know things are difficult or scary.

Why Does It Matter?

Overcoming fears is critically important in individual development, as it allows the person to do more and become more. A person can be brave every single day. On a group level, bravery is inspiring and contagious. Witnessing an individual's brave act – whether a soldier in battle or standing up for a bullied student – is a form of leadership and often encourages others to take action.

Advocacy Update: School Bond on Nov 6 Ballot

As many of you know, Swift Creek is scheduled to get a new building in the next few years. However, because of the recent deficit in funds from the state, this rebuild could be pushed out farther in the future than we hoped.

The Nov 6 ballot includes a Wake County school bond, which will not exceed \$548M. Here is how the money would be used:

- \$140M – New schools
- \$283M – Renovations
- \$89M – Tech, Infrastructure, & Property Management
- \$36M – Contingency and Management

Early voting starts Oct 17 and runs through Nov 3. Absentee ballots must be requested by Oct 30.

On Nov 6, polling places will be open from 6:30am – 7:30pm. Wake County Schools are opening on a two-hour delay (which means that at Swift Creek school starts at 11:15am. The carpool line opens at 10:45.).

At Swift Creek, We ROAR!!!

Respect

On the path to success

Act Responsibly

Remember Self Control

Swift Creek is one of the schools on the list for renovations, so the passage of this bond could impact our community directly!

For more information about that project, see the Swift Creek Project Details page on the Wake County Schools Website:

<https://tinyurl.com/scesRenovation>



Watch DOGS

Did you miss the Watch DOGS meeting last month? Watch D.O.G.S. stands for Dads of Great Students. This is a program that focuses on education and safety in schools by using the positive influence of fathers and father-figures for a two-fold purpose:

1. To provide positive male role models for the students, demonstrating by their presence that education is important.
2. To provide extra sets of eyes and ears to enhance school security and reduce bullying.

Fathers, stepfathers, grandfathers, uncles, older brothers, cousins are asked to spend at least one day at their student's school volunteering. They will support the school through: monitoring the school property, working in small groups, reading, using flashcards, helping with homework, refereeing games, listening ears, or whatever else needs to be done to PLANT SEEDS OF SUCCESS in the lives of the students. They can actively engage with not only their student(s) but the entire student body. All volunteers must be registered with Wake County Public Schools. For more information about this program, contact David Outlaw at drdavidoutlaw@gmail.com.

Here is a typical day for a Watch DOG

- 9:00 am- Check in: photo
- 9:20-10- Kindergarten- with/to the children
- 10:00-10:40- 1st grade- literacy activities with students
- 10:40-11- media center- shelving etc
- 11-1 playground/cafeteria
- 1-1:40- 3rd grade- activities with students
- 1:40-2:20- 2nd grade
- 2:20-3- 5th grade
- 3:3-40- 4th grade
- 3:40- sign out.

PHYSICAL EDUCATION

Thank you to all the heroes who joined our physical education classes last week for #ParentsLovePE! We had over 150 members participate in classes with our Cougars and together engage in activities to make our hearts stronger! During October our students will start their BOY physical fitness assessments. PACER, push-up, and curl-up tests for 3-5 grades. K-2 will start practicing the PACER and continue to focus on locomotor skills, movement, and begin manipulative skill practice with throwing and catching!

5th Grade Clubs= focusing on TEAM games, starting with OMNIKIN ball

4th Grade Clubs= Speed Stacks - our stack interest is growing and would love to get some new speed stacks and timers! Contact Ms. Graves if you are interested in supporting our Speed Stack Club!

REMEMBER 5 ...

- 5 Push ups or body ups every night
- 5 Curl ups every night (knee tickles K-2)
- 5 Fruits and Vegetables every day



Soccer at the Creek - Grades 3-5, a letter will be coming home soon for an after school soccer club! Any parents interested in helping from 3:45-4:30 please contact Ms. Graves at sgraves@wcpss.net

Dates are: Oct. 17, Oct. 24, Oct. 30 *This is a Tuesday due to Halloween, Nov. 7

WALK TO SCHOOL - October 10th at 8:30 AM

Join us as we participate in International Walk to School Day

Let's start our day with some active movement to supply our brain with fresh oxygen to better our focus in the classroom! Meet at the Food Lion (near the Alligators/Pelicans Snow Ball place) and we will walk safely to school together!

Music Minute from Ms. Sutton

What a great start we've had!!! Our music room has been filled with bright shining stars making wonderful music. Currently we are singing in multiple languages and/or playing various instrumental pieces.

SCES Chorus has also filled the music room with over 50 students attending our Wednesday and Friday morning rehearsals. A huge "THANK YOU" to the parents and community members for supporting our chorus members. Each chorus member has received a music folder which was donated by Woodwind and Brasswinds and Music and Arts (Cary.)

Another huge "THANK YOU" to the supporters of our Donors Choose project. The SCES Music department received new headphones, adaptors, tuners, and another book for our music library!!! Our students are excited to begin using these materials.

THANKS TO ALL!!!!!!! Ms. Sutton, Music Educator

Join the ReadVolution: Help Swift Creek Win a Chance to Visit the Carolina Hurricanes!

For the second consecutive year, WCPSS will partner with the Carolina Hurricanes to bring **READvolution** to all of our elementary schools. This exciting partnership will support a community-wide literacy campaign around daily reading outside of school, plus allow students the chance to attend a Hurricanes game.

Did You Know?

You can order healthy snacks (for celebrations such as birthdays) through the cafeteria! And yes, they have cookies and cupcakes on the list!

For more information and form to complete, see <http://swiftcreekeswcpssnetptaht.ml.weebly.com/healthy-lifestyles.html>



"The fact that children can make beautiful music is less significant than the fact that music can make beautiful children"

*Dr. Cheryl Lavender-
Composer, Music Educator*



This year ReadVolution runs from Monday, Sept. 24 to Friday, Nov. 16, 2018.

This year's challenge features both individual and school-wide components.

The individual component includes the following:

- Through an online tracking system, students will provide their name and the number of minutes read each day. Please see the log-in instructions.
- Students who achieve the goal of reading **20 minutes per day** throughout the allotted time frame (**for a total of 800 minutes**) will receive two complimentary ticket vouchers to a Hurricanes home game.

The school-wide component of the challenge includes the tracking of books read collectively at the school site.

- Schools that collectively read **2,020 books** between Sept. 24 and Nov. 16 will be entered into a drawing by region to participate in a culminating event (the Cool School Field Trip) at PNC Arena during the school day in February.
- If your school is selected from the drawing to attend the Cool School Field Trip, students will have the opportunity to see a Hurricanes practice, participate in fun activities, and hear from Hurricanes players.
- Students will record the titles of every book they read along with their names on paper "pucks." These "pucks" will be added to their school's Hurricanes hockey goal banner. The goal is to collectively fill the banner with **2,020 pucks**.

Thank you for your willingness to participate in the READvolution program! We appreciate this opportunity to build lifelong readers and learners in our community.

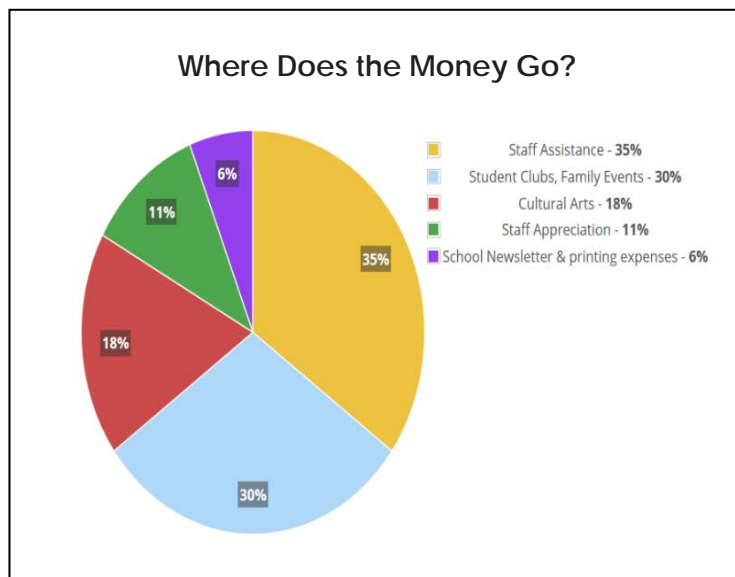
To log your child's time, see <http://tinyurl.com/scesReadvolution>.

Schedule for the Fun Run Thurs, October 12

So far, we've raised on \$8100 towards this year's goal of \$17,000. Please turn in your Fun Run donations as soon as possible. The deadline for donations is Friday, October 19.

Below is the schedule for the big day!

- We need lots of volunteers to help with the event. If you are interested, contact Annie Pilz at funrun.swiftcreek@gmail.com or sign up at <https://tinyurl.com/scesSteps>.
- We also need snack (Cuties) provided for each classroom. To sign up, see <https://tinyurl.com/scesCuties18>



2018 Fun Run Schedule						
Friday, October 12, 2018						
{Rain date: Tuesday, October 16th}						
		Red	Orange	Blue	Green	Purple
9:15- 10:10	5th	Coles	D'Amelio	Boyd	---	---
10:10 - 10:55	4th	Beauchamp	Williams	Fallon	---	---
10:55 - 11:40	3th	Perry	Kuhn	Delgado	Michaud	---
11:40 - 12:40	BREAK					
12:40 - 1:25	1st	Cillian	Phillips	Pearson	---	---
1:25 - 2:10	2nd	Miller	Krauter	McKeon	Sedaghat	---
2:10 - 2:55	K	Bumgarner	Lipe	Zardas	Hanna	Flynn

5th Grade Parents: Middle School Options

I don't want to believe it. In June, our babies will be graduating from elementary school. ☺ If that's true for your family, now is the time to start looking at middle school options for next year. Here are a couple of opportunities sponsored by Wake County Public Schools.

If you need help with the transition to middle school, contact Mrs. Chadwick, school counselor, at cchadwick@wcpss.net.

AIG Nomination Window is Open

Nominations for the Academically or Intellectually Gifted (AIG) program are always welcome. For second semester testing, Mrs. Krutsch must receive nominations by January 21, 2019. An email to skrutsch@wcpss.net nominating your child is sufficient.

Early College Schools Fair

Saturday, Oct 13, 2018

9-11am

Vernon Malone College & Career Academy (2200 S Wilmington St, Raleigh 27603)

Magnet, Early College & Year Round Schools Fair

Saturday, Nov 3, 2018

9 am -12 pm

Southeast Raleigh Magnet HS

Join the PTA!

Parent support is the backbone for student success. Show your support for our school and teaching staff by joining the Swift Creek PTA today! Membership is \$6 per person. Joining does not obligate you to attend any PTA meetings, but it does help us with our various programs, such as the Science Fair, providing staff assistance, Reflections, and school clubs (like Drama Club and Cougar Chorus).

Simply complete the membership form at <http://tinyurl.com/scesPTA1718> and send the form along with \$6 to the school today! For more information, contact our Membership Chair, Melinda Gelsinger, at gelsingers@bellsouth.net.

Cultural Arts Performance: Writer-in-Residence Michael Beadle



Swift Creek would like to welcome Michael Beadle back as our writer-in-residence for the week of October 8! He will be working with all fourth grade classes each day. He brings his poetic talents to help students hear the rhythms and rhymes in their writing! Every year students and the teachers have a blast learning from Mr. Beadle!

This program is supported in part, by a grant from the United Arts Council of Raleigh and Wake County. Additional support is provided by the North Carolina Arts Council, a division of the Department of Cultural Resources.

Reflections: Heroes Around Us

It's that time! The National PTA Reflection's Contest is making its annual call for entries. Participant participation packets were sent home in your child's Tuesday folder. This year's theme, Heroes Around Us, is sure to produce wonderful, artistic entries which honor all the heroes among us. Dance, film, literature, music, photography, and/or visual arts: choose one or more of the arts to share your personal reflections on this year's theme, Heroes Around Us. Please review the rules and procedures for entries carefully with your student. If you have any questions or concerns, please email Carrie Fernandez

at cfernandez@wcpss.net. All entries must be submitted by October 26, 2018.

Didn't You Just Say PTA Dues are \$6? But I got an email receipt for \$4?

Thank you to everyone who joined the Swift Creek PTA. When you join the PTA, you show your support not only for Swift Creek but also for education on national and state levels. Every membership equals one voice, one vote, one advocate for our children's education. Our National and State PTA leaders use these numbers when talking to our government representatives. So joining is important.

Did you recently receive an email from the NC PTA for \$4 in membership fees? But you know that you paid the \$6 membership fee to Swift Creek?

Here's an answer to the mystery.

Swift Creek has a PTA membership fee of \$6.

- \$2 of this money goes to the National PTA
- \$2 of this money goes to the State PTA
- \$2 goes to Swift Creek

Melinda Gelsinger, our Membership chair, is currently adding all our PTA members into the database. The receipt that you receive by email is for the National and State portion of the dues. In a couple of weeks, you should receive (via your child's Tuesday folder) a receipt for the Swift Creek portion of the dues in the form of incentives (coupons).

Join the Yearbook Committee!

Love taking photos? Have a flair for visual design?

Join the Yearbook Committee!

We need parent volunteers to...

- Take photos of school activities and events
- Design and layout the pages of the yearbook (very similar to using Shutterfly)
- Help sell ad space and the yearbook itself

This is your chance to help shape the memories your children will have for years to come! For more information or to join the committee, please send an e-mail to Kristy Pickurel at yearbookpics.sce@gmail.com.

Thank You to Our Community!

Our Swift Creek Community is incredible and so generous! Thank you to The Point Church and the UPS store for their recent donations to the school to help with school supplies.

Swift Creek night at BJ's Brewhouse and Restaurant on Sept 20 was also a success. We raised \$212.20 for the Creek! Thank you, BJ's, for having us! It was a lot of fun and lots of good food!

Celebrate Our Staff: Cafeteria Appreciation Week and Snack Attack

October 15 is Cafeteria Staff Appreciation Week. Please thank our staff for preparing warm, healthy meals for our students!

Even though we don't have the early release on Oct 19, we still want to shower our staff with yummy treats. If you would like to help, sign up at <https://tinyurl.com/OctSnacks>.

Our Fall Book Fair is right around the Corner!

November 13-16 will be a week where we "Let Our Imagination Grow." Be on the lookout for a signup genius and fliers soon. We could use help during preview days and shop days!

Order Your Yearbook by
October 31 and get 10% off!

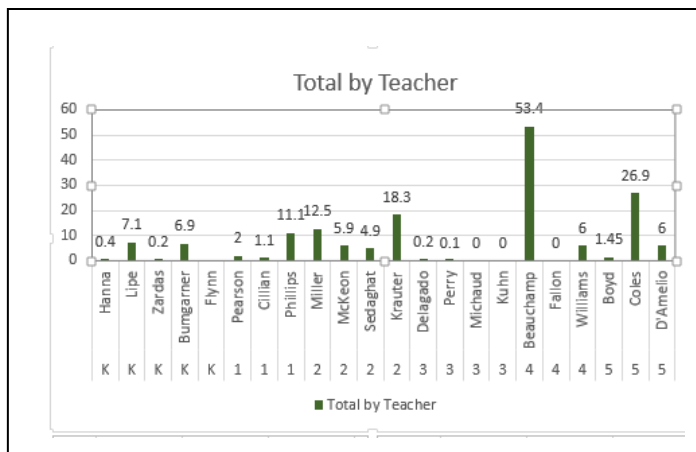
Yearbooks can be purchased at <https://tinyurl.com/scesYearbook>. Place your order by October 31 and get 10% off the regular price of \$13.15!

BUY YOUR
Yearbook



Super Snippers for Sept: Ms. Beauchamp's Class

Congratulations to Ms. Beauchamp's class for bringing in \$53 in Box Tops and Coke bottle tops in the month of Sept. Our next big collection day is Oct 26! Can you help your child's class win this month? Remember to ask your extended family, neighbors and friends for their donations!



Time to Order Your Swift Creek Spirit Wear!

Check your child's Tuesday folder for a spirit wear order form. We have items for both summer and fall. You can also purchase spirit wear at the Fun Run.

- Short sleeve shirts are \$10
- Long sleeve shirts are \$15
- Hoodies are \$25

If you have questions, please contact Spirit Wear chair, Aimee Langerhans, at jollyaimee@hotmail.com

Buy State Fair Tickets Online and Support Swift Creek!

Are you going to the NC State Fair? Did you know part of your ticket sales can go to Swift Creek?

\$2 of every adult ticket and \$1 of every child ticket goes directly to Swift Creek!

1. Go to <http://www.etix.com/ticket/v/1949>
2. Click link that includes: **Tools for Schools Program**. You MUST use this link.



[Tools For Schools Program](#)

RALEIGH, NC
UNITED STATES

[+ MORE INFORMATION](#)

[Get Tickets](#)

\$3.00 - \$8.00

3. During check out, enter **568** (our school code) in the Membership field.

PERFORMANCE	VENUE	SEAT	PRICE	FEE	SUBTOTAL	MEMBERSHIP
Tools For Schools Program Adult - Schools	2018 North Carolina State Fair	General Admission	\$8.00	Ticket Fee: \$0.43	\$8.43	568 <input type="button" value="Submit"/>
REMOVE						
Tools For Schools Program Child - Schools	2018 North Carolina State Fair	General Admission	\$3.00	Ticket Fee: \$0.16	\$3.16	568 <input type="button" value="Submit"/>
REMOVE						

4. Click one of the **Submit** buttons.

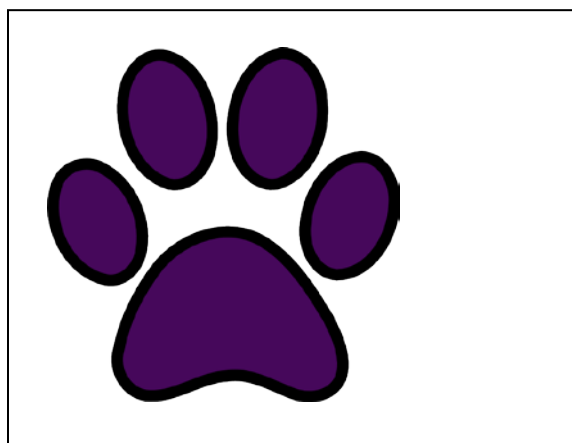
PERFORMANCE	VENUE	SEAT	PRICE	FEE	SUBTOTAL	MEMBERSHIP
Tools For Schools Program Adult - Schools	2018 North Carolina State Fair	General Admission	\$8.00	Ticket Fee: \$0.43	\$8.43	WCPSS WCPSS External Subscription:568 Remove External Subscription
REMOVE						
Tools For Schools Program Child - Schools	2018 North Carolina State Fair	General Admission	\$3.00	Ticket Fee: \$0.16	\$3.16	WCPSS WCPSS External Subscription:568 Remove External Subscription
REMOVE						

5. Finish your check out!

Our School Spirit Winner is Ms. Lipe's Kindergarten Class!

Ms. Lipe's class had 45% participation in College Spirit day on Friday Oct 5. They will be hosting Swifty Cougar for the next month.

Our next school spirit day is Friday, Nov 2. Students are encouraged to wear their Swift Creek gear or purple to show their school pride!



Name: _____

Hink Pinks

Level: A (Easy)

A Hink Pink (sometimes called a "rhyming pair") is a pair of rhyming words that matches a silly definition.

example:

a black bird that does not fly fast - ***slow crow***

Can you find rhyming pairs for these clues?

- | | |
|--|-----------|
| 1. paperback thief | 1. _____ |
| 2. lengthy tune | 2. _____ |
| 3. closet to keep a sweeping tool | 3. _____ |
| 4. light red beverage | 4. _____ |
| 5. small buzzing insect that is not wet | 5. _____ |
| 6. large group of people that is noisy | 6. _____ |
| 7. stinging insect that doesn't cost money | 7. _____ |
| 8. unhappy father | 8. _____ |
| 9. rabbit that tells jokes | 9. _____ |
| 10. fast elevator | 10. _____ |

Challenge: Can you write your own Hink Pink on the back of this page?

Name: _____

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Level: A (Easy)

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example:

a black bird that does not fly fast - ***slow crow***

Can you find rhyming pairs for these clues?

- | | |
|--|------------------------------|
| 1. paperback thief | 1. <u>book crook</u> |
| 2. lengthy tune | 2. <u>long song</u> |
| 3. closet to keep a sweeping tool | 3. <u>broom room</u> |
| 4. light red beverage | 4. <u>pink drink</u> |
| 5. small buzzing insect that is not wet | 5. <u>dry fly</u> |
| 6. large group of people that is noisy | 6. <u>loud crowd</u> |
| 7. stinging insect that doesn't cost money | 7. <u>free bee</u> |
| 8. unhappy father | 8. <u>sad dad</u> |
| 9. rabbit that tells jokes | 9. <u>funny bunny</u> |
| 10. fast elevator | 10. <u>swift lift</u> |

Challenge: Can you write your own Hink Pink on the back of this page?

Your October Calendar

- ❑ **Oct 8 -12:** P2: Identifying and appreciating the good in others
- ❑ **Oct 9 6:30pm:** October newsletter sent home; PTA Meeting ELA Curriculum Night
- ❑ **Oct 10 8:30am:** Walk to School Day. Join us in the Food Lion parking lot as a group of us walks to school!
- ❑ **Oct 12:** Fun Run!
- ❑ **Oct 15-19:** P2 Integrity
- ❑ **Oct 16:** Fun Run – Rain Date
- ❑ **Oct 19:**
 - Deadline for Fun Run donations
 - Full day of School. Early Release was cancelled to make up for Hurricane Florence.
- ❑ **Oct 23:** Mix It up for Lunch day. See the article about October is National Anti-Bullying Month.
- ❑ **Oct 26:** Monthly Deadline for Box Tops and Coke bottle tops! Turn in all those Box Tops today! The number of Box Tops that we collect though October determines the size of our Fall check, so let's make it a BIG one!
- ❑ **Oct 29:** P2: Creativity
- ❑ **Oct 31:** Regular School Day. The Teacher Work Day was cancelled to make up for Hurricane Florence.

Your November Calendar

- ❑ **Nov 5-9:** P2 Bravery
- ❑ **Nov 12:** No school in observance of Veteran's Day
- ❑ **Nov 12-20:** P2 Gratitude
- ❑ **Nov 13-17:** Book Fair! Family Night on Nov 15.
- ❑ **Nov 15:** Family Night at the Book Fair / STEM Night
- ❑ **Nov 20 1:15pm:** Early Release
- ❑ **Nov 21-23:** Thanksgiving Holiday
- ❑ **Nov 26-30:** P2: Knowing my words and actions affect others
- ❑ **Nov 30:** Monthly Deadline for Box Tops and Coke bottle tops!

Your December Calendar

- ❑ **Dec 3-7:** P2 Kindness
- ❑ **Dec 10-14:** P2 Humility
- ❑ **Dec 11 6:30pm:** PTA meeting
- ❑ **Dec 17-21:** P2 Self-Control
- ❑ **Dec 21:**
 - Monthly Deadline for Box Tops and Coke bottle tops!
 - Early Release. School dismisses at 1:15pm
- ❑ **Dec 24 – Jan 2:** Winter Break

We Need You for STEM Night!

On Thursday, Nov 15, we will host our second annual STEM night in conjunction with Family Night at the Book Fair!

We need lots of volunteers to make this event a success. Sign up to help at <https://tinyurl.com/scesSTEM>.



Swift Creek Spirit Night at Fright Nights!

Join us on Thursday, October 18th for Swift Creek Night at FrightNights 2018 "Not So Scary" Haunted House.

Time: 5:30pm – 7:00pm
Address: 8404 Smith Road, Apex, NC

Join us for family-friendly Halloween fun! Take a lights-on, not-so-scary tour of the FrightNights haunted house presented by the Fountain family.

Our charity haunted house collects monetary donations for the Food Bank of Central and Eastern NC and Duke Children's Hospital.

We will match all donations (up to \$250) for Swift Creek PTA!

For more information, check out www.frightnightsnc.com