



## HEALTH IS ACADEMIC

### Just ASK! Spotlight: Swift Creek Elementary

Swift Creek Elementary in Wake County has started a great school garden! The goals of the garden are:

- To teach children about good nutrition and the importance of being healthy
- To provide additional STEM resources
- To create a fun, outdoor learning space



Takeaways for other PTAs:

- Planning, planning, planning! Swift Creek did a great job of thoughtfully planning their new garden.
- Find supporters. From NCPTA to a local greenhouse, Swift Creek found partners that shared their vision and their values, and lots of partners means small gifts and grants go a long way.
- Solve the summer problem. Unless your school is year round, it is likely your garden will be most productive when your school is most empty. Like many of our most successful school gardens, Swift Creek is helping families sign up for summer maintenance. They work the garden and they can keep the produce!



Is a school garden on your list for this school year? [Get started now!](#)