



Take Your Parent to PE Week

Sept 23-27, 2019

Active Schools

#ParentsLovePE

Swift Creek is participating in Take Your Parent to PE Week!

Sponsored by the [Active Schools](https://www.activeschoolsus.org/) movement, Take Your Parent to PE Week is a nationwide campaign that highlights the importance of physical learning in schools and helps keep parents involved in all aspects of their child's education.

During this week, Ms. Graves (our Healthy Living / PE teacher) invites you to witness the fun and engaging ways we are helping your kids feel better, work together as a team, reduce anxiety, maintain focus in the classroom and develop lifelong healthy habits.

Be on the lookout for more information from Ms. Graves soon!

Check out www.activeschoolsus.org/pe-week for more information, and once you're here, be sure to tag #ParentsLovePE and @ActiveSchoolsUS to share the fun!